

# Spinach, Kiwi & Chia Smoothie

## Ingredients:

- 1 ½ cups almond milk, cold
- 1 ½ cups packed baby spinach leaves
- 1 banana, cut into chunks and frozen
- 1 ripe kiwi, peeled, cut into chunks

## Awesome Extras

- 2 tbsp chia seeds
- 2 tbsp wheatgrass powder



## Directions:

1. In a blender, combine almond milk, spinach leaves, frozen banana chunks, and kiwi chunks. Add some of the awesome extras. Blend until smooth.