

Cool Cucumber Soup

(No Dairy)

Ingredients:

- * 2 cucumbers, peeled & cubed
- * 2 avocados, peeled & cubed
(reserve a small bit for garnish)
- * 2 cloves garlic
- * 2 limes, juiced
- * 2 tsp local honey
- * 1 sprig (about 6 leaves) cilantro, fresh
- * 1/4 - 1/8 tsp cumin
- * Sea Salt to taste
- * Black pepper to taste (can sub cayenne)



Directions:

1. Place all ingredients in food processor and puree smooth
2. Chill 1 hour
3. Pour into serving bowl & garnish with avocado, tomato, and red onion